

Mulberry Academy Woodside (PSHE) Curriculum Overview 2023 - 2024

Curriculum intent statement: To create a personalised curriculum that promotes a love of learning; provides breadth of knowledge and skills; that is enriching and supportive and seeks to bridge the cultural knowledge gap in order to provide a platform for our students to succeed in whatever they aspire to do.

KS3		AUTUMN TERM		SPRING TERM		SUMMER TERM	
		TERM 1A	TERM 1B	TERM 2A	TERM 2B	TERM 3A	TERM 3B
YEAR 7	KNOWL EDGE	<u>PSHE - Managing Change unit</u> 01 - What is PSHE? 02 - Getting to Know People 03 - What is a Community 04 - Careers and Your Future 05 - Sleep and Relaxation 06 - Financial Education 07 - Transition Points in Your Life	<u>PSHE - Friends, Respect & Relationships unit</u> 01 - Consent and Boundaries 02 - Respect and Relationships 03 - What Makes a Good Friend 04 - Friendships & Online Relationships 05 - Being Positive	<u>PSHE - Staying Safe Online & Offline unit</u> 01 - Avoiding Gangs & Criminal Behaviour 02 - Staying Safe Online 03 - Online Gaming, Grooming and Addiction 04 - Alcohol and Risk	<u>CITIZENSHIP - Politics & Parliament unit</u> 01 - Why is Politics Important 02 - How is our Country Run 03 - The Role of the Prime Minister 04 - The Monarchy and King Charles III 05 - Political Debates and Parliament	<u>CITIZENSHIP - Celebrating Differences unit</u> 01 - What is your Identity 02 - Multicultural Britain 03 - Importance of Being Kind 04 - Breaking Down Stereotypes 05 - Learning Disabilities	<u>RSHE - Puberty & Body Development unit</u> 01 - Introduction to Puberty 02 - Girls Puberty & Periods (Double Lesson) 03 - Boys Puberty 04 - Personal Hygiene 05 - Growing Up 06 - Self-Esteem

			<p>06 - Pressure, Influence and Friends</p> <p>07 - What Does it Mean to be a Man in Today</p>	<p>05 - Nicotine and Smoking, E-Cigs, Vaping and Shisha</p> <p>07 - Energy Drinks and Caffeine</p>	<p>06 - Elections and Campaigning</p>	<p>06 - Prejudice and Discrimination</p> <p>07 - Challenging Islamophobia</p>	<p>07 - Tooth Decay and Dental Health</p>
	SKILLS	SKILLS - Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers					
YEAR 8	KNOWLEDGE	<p>PSHE - <u>Proud to be me unit</u></p> <p>01 - Employability & Enterprise Skills</p> <p>02 - Proud to be me</p> <p>03 - Careers and Aspirations</p> <p>04 - Self Esteem and the Media</p> <p>05 - The Importance of Happiness</p> <p>06 - What Makes Me Angry</p> <p>07 - Exploring Careers</p>	<p>PSHE - <u>Physical Health & Mental Wellbeing unit</u></p> <p>01 - Health and Wellbeing</p> <p>02 - What is Mental Health?</p> <p>03 - Positive Body Image</p> <p>04 - Child Abuse</p> <p>05 - Types of Bullying</p> <p>06 - Healthy Eating and Cholesterol</p> <p>07 - Stress Management</p>	<p>PSHE - <u>Dangerous Society Online & Offline unit</u></p> <p>01 - County Lines - What is it</p> <p>02 - County Lines - Who is at Risk</p> <p>03 - Substance Misuse</p> <p>04 - Cyberbullying</p> <p>05 - Online Grooming</p> <p>06 - Alcohol Safety</p> <p>07 - Child Exploitation & Online Protection</p>	<p>CITIZENSHIP - <u>Law, Crime & Society unit</u></p> <p>01 - Desert Island - Living</p> <p>02 - Desert Island - Building a Community</p> <p>03 - Desert Island - Making Decisions</p> <p>04 - Desert Island - Criminals, Law & Society</p> <p>05 - How are Laws Made</p>	<p>CITIZENSHIP - <u>Equality and Diversity Explored unit</u></p> <p>01 - Equality Act 2010</p> <p>02 - LGBTQ+ Rights Across the World</p> <p>03 - Gender Equality</p> <p>04 - Ableism and Disability Discrimination</p> <p>05 - Removing the Barriers Equality for all</p> <p>06 - Racism & Discrimination in Society</p>	<p>RSHE - <u>Identity, Relationships & Sex Education unit</u></p> <p>01 - Relationships and Sex Education</p> <p>02 - Being Yourself & Self-Love</p> <p>03 - Healthy Respectful Relationships</p> <p>04 - What is Love</p> <p>05 - Dealing with Conflict</p> <p>06 - Periods and Menstrual Cycle</p> <p>07 - Introduction to Contraception</p>
	SKILLS	SKILLS - Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers					

YEAR 9	KNOWLEDGE	<u>PSHE - Essential Life Skills - - From Failure to Success Unit</u> 01 - From Failure to Success 02 - Assertiveness 03 - First Aid 04 - Saving and Managing Your Money 05 - Labour Market Information 06 - Finance, Budgeting and Employment 07 - Social Media and Online Stress	<u>PSHE - Body Confidence unit</u> 01 - How Self-Esteem Changes 02 - What is a Penis 03 - What is a Vulva 04 - Bullying in all its forms 05 - Dealing with Grief and Loss 06 - Media and Airbrushing 07 - Cancer Prevention and Healthy Lifestyles	<u>PSHE - Legal and Illegal Drugs unit</u> 01 - What is a Drug 02 - Different Types of Addictions 03 - Cannabis Products 04 - Drugs Classifications 05 - Party Drugs & Illegal Drugs 06 - The War on Drugs 07 - Volatile Substance Abuse	<u>CITIZENSHIP - Extremism & Terrorism unit</u> 01 - Conspiracy Theories and Extremist Narratives 02 - Forms of Extremism 03 - What is Terrorism 04 - War and Conflict 05 - The Radicalisation Process 06 - How Does Counter Terrorism Work 07 - Antisemitism	<u>RSHE - Sex, the Law & Consent unit</u> 01 - Healthy relationships 02 - Sexual Consent and the Law 03 - Relationships and Partners 04 - Domestic Abuse and Domestic Violence 05 - Why have Sex + Delaying Sexual Activity 06 - Sexual Harassment and Stalking	<u>RSHE - Contraception & STIs unit</u> 01 - What are STIs 02 - Treating STIs and the Clinic 03 - Contraception Explored 04 - Contraception - Condoms 05 - Contraception Explored Further 06 - HIV and AIDS 07 - HIV and AIDS Prejudice and Discrimination
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