

Mulberry Academy Woodside

PSHE

Curriculum Overview 2023 - 2024

KS3		AUTUMN TERM		SPRING TERM		SUMMER TERM	
		TERM 1A Life Beyond School	TERM 1B Health and Wellbeing	TERM 2A Staying Safe – Online and Offline	TERM 2B Rights, Responsibilities and British Values	TERM 3A Celebrating Diversity and Equality	TERM 3B Relationship and Sex Education
YEAR 7	KNOWLEDGE	<u>Managing Change01</u> - What is PSHE <u>Managing Change02</u> - Getting to Know People <u>Managing Change03</u> - What is a Community <u>Managing Change04</u> - Careers and Your Future <u>Managing Change05</u> - Sleep and Relaxation	<u>Puberty & Body Development- 01-</u> <u>Introduction to Puberty</u> <u>Puberty & Body Development- 02-</u> <u>Girls Puberty & Periods (Double Lesson)</u> <u>Puberty & Body Development- 03-</u> <u>Boys Puberty Puberty & Body</u> <u>Development- 04-</u> <u>Personal Hygiene Puberty & Body</u>	<u>Staying Safe Online & Offline - 01- Avoiding Gangs & Criminal Behaviour</u> <u>Staying Safe Online & Offline - 02- Staying Safe Online</u> <u>Staying Safe Online & Offline - 03- Online Gaming, Grooming and Addiction</u> <u>Staying Safe Online & Offline - 04- Alcohol and Risk</u>	<u>Politics & Parliament 01- Why is Politics Important</u> <u>Politics & Parliament 02- How is our Country Run</u> <u>Politics & Parliament 03- The Role of the Prime Minister</u> <u>Politics & Parliament 04- The Monarchy and King Charles III</u> <u>Politics & Parliament 05- Political Debates and Parliament</u>	<u>Celebrating Differences- 01-</u> <u>What is your Identity Celebrating</u> <u>Differences- 02-</u> <u>Multicultural Britain Celebrating</u> <u>Differences- 03-</u> <u>Importance of Being Kind Celebrating</u> <u>Differences- 04-</u> <u>Breaking Down Stereotypes Celebrating</u>	<u>Friends, Respect & Relationships- 01-</u> <u>Consent and Boundaries</u> <u>Friends, Respect & Relationships- 02-</u> <u>Respect and Relationships</u> <u>Friends, Respect & Relationships- 03-</u> <u>What Makes a Good Friend</u> <u>Friends, Respect & Relationships- 04-</u> <u>Friendships & Online Relationships</u>

		<u>Managing Change06 - Financial Education</u> <u>Managing Change07 - Transition Points in Your Life</u>	<u>Development- 05- Growing Up Puberty & Body</u> <u>Development- 06- SelfEsteem Puberty & Body</u> <u>Development- 07- Tooth Decay and Dental Health</u>	<u>Staying Safe Online & Offline - 05- Nicotine and Smoking</u> <u>Staying Safe Online & Offline - 06- E-Cigs, Vaping and Shisha</u> <u>Staying Safe Online & Offline - 07- Energy Drinks and Caffeine</u>	<u>Politics & Parliament 06- Elections and Campaigning</u> <u>Politics & Parliament 07- Creating a Political Party</u>	<u>Differences- 05- Learning Disabilities Celebrating Differences- 06- Prejudice and Discrimination Celebrating</u> <u>Differences- 07- Challenging Islamophobia</u>	<u>Friends. Respect & Relationships- 05- Being Positive</u> <u>Friends. Respect & Relationships- 06- Pressure, Influence and Friends</u> <u>Friends. Respect & Relationships- 07- What Does it Mean to be a Man in Today</u>
	SKILLS	Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers	Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers	Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers	Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers	Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers	Developing an understanding of themselves and the community around them. Class debates and discussions, researching and presentation skills. Working collaboratively with peers
YEAR 8	KNOWLEDGE	<u>Proud to be me - 01 - Employability & Enterprise Skills</u> <u>Proud to be me - 02 - Proud to be me</u> <u>Proud to be me - 03 - Careers and Aspirations</u> <u>Proud to be me - 04 - Self Esteem and the Media</u>	<u>Physical Health & Mental Wellbeing- 01 - Health and Wellbeing</u> <u>Physical Health & Mental Wellbeing- 02 - What is Mental Health?</u> <u>Physical Health & Mental Wellbeing- 03 - Positive Body Image</u> <u>Physical Health & Mental Wellbeing- 04 - Child Abuse</u>	<u>Dangerous Society Online & Offline - 01 - County Lines - What is it</u> <u>Dangerous Society Online & Offline - 02 - County Lines - Who is at Risk</u> <u>Dangerous Society Online & Offline - 03 - Substance Misuse</u>	<u>Law, Crime & Society - 01 - Desert Island – Living</u> <u>Law, Crime & Society - 02 - Desert Island - Building a Community</u> <u>Law, Crime & Society - 03 - Desert Island - Making Decisions</u> <u>Law, Crime & Society - 04 - Desert Island - Criminals, Law & Society</u>	<u>Equality and Diversity Explored - 01 - Equality Act 2010</u> <u>Equality and Diversity Explored - 02 - LGBTQ+ What is it</u> <u>Equality and Diversity Explored - 03 - LGBTQ+ Rights Across the World</u> <u>Equality and Diversity Explored - 04 - Gender Equality</u>	<u>Identity, Relationships & Sex Education - 01 - Relationships and Sex Education</u> <u>Identity, Relationships & Sex Education - 02 - Being Yourself & Self-Love</u> <u>Identity, Relationships & Sex Education - 03 - Healthy Respectful Relationships</u>

		<u>Proud to be me - 05 - The Importance of Happiness</u> <u>Proud to be me - 06 - What Makes Me Angry</u> <u>Proud to be me - 07 - Exploring Careers</u>	Physical Health & Mental Wellbeing- 05 - Types of Bullying Physical Health & Mental Wellbeing- 06 - Healthy Eating and Cholesterol Physical Health & Mental Wellbeing- 07 - Stress Management	<u>Dangerous Society Online & Offline - 04 – Cyberbullying</u> <u>Dangerous Society Online & Offline - 05 - Online Grooming</u> <u>Dangerous Society Online & Offline - 06 - Alcohol Safety</u> <u>Dangerous Society Online & Offline - 07 - Child Exploitation & Online Protection</u>	<u>Law, Crime & Society - 05 - How are Laws Made</u> <u>Law, Crime & Society - 06 - Prison, Reform and Punishment</u> <u>Project - Prisons for the Future - Displays</u>	<u>Equality and Diversity Explored - 05 - Ableism and Disability Discrimination</u> <u>Equality and Diversity Explored - 06 - Removing the Barriers Equality for all</u> <u>Equality and Diversity Explored - 07 - Racism & Discrimination in Society</u>	<u>Identity, Relationships & Sex Education - 04 - What is Love</u> <u>Identity, Relationships & Sex Education - 05 - Dealing with Conflict</u> <u>Identity, Relationships & Sex Education - 06 - Periods and Menstrual Cycle</u> <u>Identity, Relationships & Sex Education - 07 - Introduction to Contraception</u>
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YEAR 9	KNOWLEDGE	<u>Essential Life Skills - 01 - From Failure to Success</u> <u>Essential Life Skills - 02 - Assertiveness</u> <u>Essential Life Skills - 03 - First Aid</u>	<u>Body Confidence - 01 - How Self-Esteem Changes</u> <u>Body Confidence - 02 - What is a Penis</u> <u>Body Confidence - 03 - What is a Vulva</u>	<u>Legal and Illegal Drugs - 01 - What is a Drug</u> <u>Legal and Illegal Drugs - 02 - Different Types of Addictions</u>	<u>Combatting Extremism & Terrorism - 01 - Conspiracy Theories and Extremist Narratives</u> <u>Combatting Extremism &</u>	<u>Sex, the Law & Consent - 01 - Sexual Consent and the Law</u> <u>Sex, the Law & Consent - 02 - FGM and the Law</u>	<u>Contraception & STIs - 01 - What are STIs</u> <u>Contraception & STIs - 02 - Treating STIs and the Clinic</u>

	<p><u>Essential Life Skills - 04 - Saving and Managing Your Money</u></p> <p><u>Essential Life Skills - 05 - Labour Market Information</u></p> <p><u>Essential Life Skills - 06 - Finance, Budgeting and Employment</u></p> <p><u>Essential Life Skills - 07 - Social Media and Online Stress</u></p>	<p><u>Body Confidence - 04 - Bullying in all its forms</u></p> <p><u>Body Confidence - 05 - Dealing with Grief and Loss</u></p> <p><u>Body Confidence - 06 - Media and Airbrushing</u></p> <p><u>Body Confidence - 07 - Cancer Prevention and Healthy Lifestyles</u></p>	<p><u>Legal and Illegal Drugs - 03 - Cannabis Products</u></p> <p><u>Legal and Illegal Drugs - 04 - Drugs Classifications</u></p> <p><u>Legal and Illegal Drugs - 05 - Party Drugs & Illegal Drugs</u></p> <p><u>Legal and Illegal Drugs - 06 - The War on Drugs</u></p> <p><u>Legal and Illegal Drugs - 07 - Volatile Substance Abuse</u></p>	<p><u>Terrorism - 02 - Forms of Extremism</u></p> <p><u>Combatting Extremism & Terrorism - 03 - What is Terrorism</u></p> <p><u>Combatting Extremism & Terrorism - 04 - War and Conflict</u></p> <p><u>Combatting Extremism & Terrorism - 05 - The Radicalisation Process</u></p> <p><u>Combatting Extremism & Terrorism - 06 - How Does Counter Terrorism Work</u></p> <p><u>Combatting Extremism & Terrorism - 07 - Antisemitism</u></p>	<p><u>Sex, the Law & Consent - 03 - Relationships and Partners</u></p> <p><u>Sex, the Law & Consent - 04 - Domestic Abuse and Domestic Violence</u></p> <p><u>Sex, the Law & Consent - 05 - Why have Sex</u></p> <p><u>Sex, the Law & Consent - 06 - Delaying Sexual Activity</u></p> <p><u>Sex, the Law & Consent - 07 - Sexual Harassment and Stalking</u></p>	<p><u>Contraception & STIs - 03 - Contraception Explored</u></p> <p><u>Contraception & STIs - 04 - Contraception – Condoms</u></p> <p><u>Contraception & STIs - 05 - Contraception Explored Further</u></p> <p><u>Contraception & STIs - 06 - HIV and AIDS</u></p> <p><u>Contraception & STIs - 07 - HIV and AIDS Prejudice and Discrimination</u></p>
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