



Woodside High School

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What is RSHE?

RSHE stands for Relationships, Sex & Health Education. The purpose of RSHE is to 'help children and young people to be safe, healthy and happy as they grow up and in their future lives.' (Sex Education Forum)

At Woodside, RSHE is usually covered in 'PRS' (Personal, Religious and Social Studies) lessons (many refer to this as PSHE or personal, social, health and economic). Much of the content is also covered in specialist assemblies and workshops. Some aspects of the RSE curriculum are covered as part of science.

The teaching of RSHE must be a partnership between schools and parents/ carers. It is important that you know what is being taught and when, so that you can anticipate and follow your child's learning, as well as adding your own input at home.

Dear parents and carers,

We are reviewing our Relationships Sex and Health Education (RSHE) provision at Woodside. The government made RSHE compulsory in all secondary schools from September 2020. In line with the updated government guidance, we intend to continue to build on our RSHE curriculum to ensure that it will enable our students to be safe and thrive in our community.

Our children are growing up in an increasingly complex world with new opportunities, but also new challenges. RSHE is an important part of preparing them for life in 21st century Britain, enabling them to embrace diversity, make the most of technology; and understand the importance of, and develop the skills which lead to them being able to sustain healthy and strong relationships.

We would like to involve students and their parents in shaping what RSHE looks like at Woodside, and to ensure that the provision is reflective and representative of our whole school community.

We hope you can take the time to [complete the survey](#) sent to you that gives you an opportunity to feedback what your view of our current provision is, and how you believe this can be developed to meet the needs of our Woodside community. Before the end of the school year you will also be invited to an online information evening regarding the RSHE curriculum.

In addition, we would like to make you aware that all secondary schools must teach sex education that is outside of the science curriculum. Sex education at Woodside High School is taught by trained staff in an age appropriate and sensitive way and gives due regard to the law. This will include topics like sex, the advantages of delaying sexual activity and the importance of consent, positive sexual relationships, contraception, pregnancy choices, domestic violence etc.

If you have any queries that are not answered below, please do not hesitate to contact us:

Best Wishes and thank you in advance

S. Kane

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Head of Year 8**

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D. Boothman

**Ms. Boothman
Assistant Headteacher**

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Co Interim Head Teachers: Lynne Hardcastle & Tracey Rollings



FAQ

Where can I find more information about the curriculum?

Government Guidance on RSE and Health Education

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

How can I be involved?

Please complete the survey by clicking [here](#)

The link is <https://docs.google.com/forms/d/1TtXobkuXisGIAM1LJHi2WVFFJDHH3drfnO-ZlzeQBHA/edit?usp=sharing>

Looking forward we want to be able to start inviting parents/ carers back into school. If you would like to be a part of the parent consultation session, please leave your email address at the bottom of the survey

Will my child have an opportunity to have their say?

The parent consultation is just one part of a large piece of work. We are inviting students, staff, parents, carers and governors to have their say on the RSHE of our students. We believe that the entire school community should be involved in this important part of our students' education. It is important that your answers reflect your opinions as we will be asking students in school.

What is my child currently learning in PRS?

More information on our current RSHE provision can be found on the school website on the PRS schemes of learning, under the curriculum tab.

Can I withdraw my child?

Parents/ carers have a right to withdraw their children from sex education until they turn 15. A meeting will need to be held with a member of the Senior Leadership Team (SLT) if a request to withdraw your child is being made. The head teacher has the right to deny this request. The school will document this process.

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Co Interim Head Teachers: Lynne Hardcastle & Tracey Rollings



We are committed to relationships and sex education, which:

1.

Is an identifiable part of a personal, social, health and economic (PSHE) education curriculum, which has planned, timetabled lessons across all the Key Stages

2.

Is taught by staff regularly trained in RSE and PSHE (with expert visitors invited in to enhance and supplement the programme where appropriate)

3.

Works in partnership with parents and carers, informing them about what their children will be learning and about how they can contribute at home

4.

Delivers lessons where pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills

5.

Is based on reliable sources of information, including about the law and legal rights, and distinguishes between fact and opinion

6.

Promotes safe, equal, caring and enjoyable relationships and discusses real-life issues appropriate to the age and stage of pupils, including friendships, families, consent, relationship abuse, sexual exploitation and safe relationships online

7.

Gives a positive view of human sexuality, with honest and medically accurate information, so that pupils can learn about their bodies and sexual and reproductive health in ways that are appropriate to their age and maturity

9.

Includes learning about how to get help and treatment from sources such as the school nurse and other health and advice services, including reliable information online

8.

Gives pupils opportunities to reflect on values and influences (such as from peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views

10.

Fosters gender equality and LGBT+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination in RSE lessons and in every-day school life

11.

Meets the needs of all pupils with their diverse experiences - including those with special educational needs and disabilities

12.

Seeks pupils' views about RSE so that teaching can be made relevant to their real lives and assessed and adapted as their needs change

Notes

These 12 points explain what is needed for good quality RSE. This is based on research evidence and is supported by a wide range of organisations. The purpose of RSE is to help children and young people to be safe, healthy and happy as they grow up and in their future lives. RSE must always be appropriate to pupils' age and stage of development and is an essential part of safeguarding. The law requires that, from September 2019, relationships and sex education (RSE) is taught in all secondary schools in England, and that relationships education is taught in all primary schools in England. In addition, National Curriculum Science* (* which is taught in maintained schools) includes some elements of sex education.