



Woodside High School

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Dear Parents/Carers

We have been advised that there has been a confirmed case of COVID-19 within the school.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

We know that you may find this concerning but the school has liaised with the Department for Education (DfE) and undertaken the required risk assessment. As a result of early intervention taken in this instance, the DfE has confirmed that there is no further action to be taken by the school at this time.

The school remains open and your child should continue to attend as normal if they remain well. This includes all students in Year 8 who were asked to remain at home as a precautionary measure on Friday 25th September 2020.

Students in Year 8 should return to school on Monday 28th September 2020 as long as they remain well.

Please note, we will be conducting additional cleaning of the school this weekend in line with government guidelines.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Co Interim Head Teachers: Holly Hartley & Lynne Hardcastle



Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often - do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

NHS Test and Trace COVID-19 app

NHS Test and Trace has launched the [NHS COVID-19 app](#). The app has been launched to help control the spread of coronavirus (COVID-19). It will do this by alerting people who may have been exposed to infection so that they can take action.

The app is available to download on smartphones for anyone aged 16 or over.

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>



Yours sincerely
Headteacher